





London Borough of Waltham Forest





























































































































Menu Listing with Allergens

Menu: Packed Lunch Monday
Summer 2020

-  Contains
-  May Contain
-  Does Not Contain
-  No Information

- Rye
- Oats
- Barley
- Walnuts
- Pistachio Nuts
- Pecan Nuts
- Macadamia Nuts
- Hazelnuts
- Cashew Nuts
- Brazil Nuts
- Almonds
- Wheat
- Nuts
- Soya
- Sulphur Dioxide and Sulphites
- Sesame
- Peanuts
- Mustard
- Molluscs
- Milk
- Lupin
- Fish
- Eggs
- Crustaceans
- Cereals containing Gluten
- Celery





Product Description

Cheese & Cucumber Roll																															
Muller Vitality Thick & Creamy Mixed Yogurts																															
Banana																															
Mineral Water																															

London Borough of Waltham Forest


















































































Menu Listing with Allergens

**Menu: Packed Lunch Thursday
Summer 2020**

-  Contains
-  May Contain
-  Does Not Contain
-  No Information

- Rye
- Oats
- Barley
- Walnuts
- Pistachio Nuts
- Pecan Nuts
- Macadamia Nuts
- Hazelnuts
- Cashew Nuts
- Brazil Nuts
- Almonds
- Wheat
- Nuts
- Soya
- Sulphur Dioxide and Sulphites
- Sesame
- Peanuts
- Mustard
- Molluscs
- Milk
- Lupin
- Fish
- Eggs
- Crustaceans
- Cereals containing Gluten
- Celery

Product Description

Tuna & Sweetcorn Mayonnaise Roll																											
Chocolate Cracknel Finger																											
Pear																											
Mineral Water	